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WHAT IS CLAIMED IS:

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1. A formulation for a pharmacologically inert coating to serve as a temporary mechanical barrier on top of a temporary coating of a pharmacologically-active substance applied to a surface of a tooth, the formulation comprising:

an aqueous dispersion of a polymethylmethacrylate; and a plasticizer.

- 2. The formulation of claim 1 wherein the polymethylmethacrylate is an ammonio methacrylate copolymer, type B USP/NF.
- 3. The formulation of claim 2 wherein the ammonio methacrylate copolymer is EUDRAGIT RS 30 D brand polymethylmethacrylate.
 - 4. The formulation of claim 1 wherein the plasticizer is a pharmaceutical grade plasticizer selected from the group consisting of triethyl citrate, dibutyl sebacate, dibutyl phthalate, and diethyl phthalate.
 - 5. The formulation of claim 4 wherein the plasticizer is triethyl citrate.
- 6. The formulation of claim 4 comprising between 1% and 20% w/w plasticizer.
 - 7. The formulation of claim 6 having a viscosity of between 5 cP and 30 cP and a specific gravity of 1.054 g/ml plus or minus 0.050 g/ml.
- 8. The formulation of claim 7 wherein the viscosity is between 5 cP and 20 cP.
 - 9. A formulation comprising (w/w):

20% to 35% ammonio methacrylate copolymer type B USP/NF;

1% to 10% triethyl citrate; and

60% to 70% water.

- 10. The formulation of claim 9 wherein the ammonio methacrylate copolymer is EUDRAGIT RS 30 D brand polymethylmethacrylate.
 - 11. A formulation comprising (w/w) of:

28% EUDRAGIT RS 30 D polymethylmethacrylate;

6% triethyl citrate; and

30 66% water.

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12. A method for protecting pharmacologically-active substances applied in a temporary coating to a surface of a tooth comprising:

applying a pharmacologically inert barrier coating of a polymethylmethacrylate and a plasticizer on top of the temporary coating containing the pharmacologically-active substance to serve as a temporary mechanical barrier against the washings of saliva and abrasion caused by eating food.

- 13. The method of claim 12 wherein the pharmacologically-active substance(s) comprise one or more active agents of the type known to reduce caries when applied to the tooth.
- 14. The method of claim 13 wherein the pharmacologically-active substances are selected from the group consisting of chlorhexidine and fluoride.
 - 15. The method of claim 12 wherein the polymethylmethacrylate is water-dispersed and the plasticizer is a pharmaceutical grade plasticizer selected from the group consisting of triethyl citrate, dibutyl sebacate, dibutyl phthalate, and diethyl phthalate.
 - 16. The method of claim 12 wherein the polymethylmethacrylate is an ammonio methacrylate copolymer, type B USP/NF.
 - 17. The method of claim 16 wherein the ammonio methacrylate copolymer is EUDRAGIT RS 30 D brand polymethylmethacrylate.
- 20 18. A method of preventing or reducing the incidence of caries in teeth, comprising the steps of:
 - a. applying a liquid coating of pharmacologically-active substances of the type used to reduce caries to a tooth surface; and
 - b. applying a pharmacologically inert barrier coating of a polymethylmethacrylate and a plasticizer on top of the coating containing the pharmacologically-active substance to serve as a temporary mechanical barrier against the washings of saliva and the abrasion from eating foods.